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Bringing in the New Year Right!

It's 2018, a new year! Check out our newsletter for some traditional foods to eat during January. In the Kids Corner, we have a fun activity for the family. Let's start the new year right!

Also, Woodbridge is proud to announce our newly redesigned newsletter for 2018. New year, new look! Have a great year and happy new year, everyone!

REMINDERS

WOODBRIDGE

- All residents are assigned 1 covered parking stall. Any uncovered parking space is "first come, first get." All vehicles need to be in working condition and require current registration. Do not park in a covered stall that is not assigned to you! If you see a resident not utilizing a covered stall parking space, this does not permit you to park there.
- Residents with dogs, you are responsible to pick up all feces. We are having an issue with animal feces. It's found in grassy areas and planter areas. Not only is this unsightly but is also causes an odor and pests. If your animal is seen defecating and you are not picking it up, a staff member or another resident you will be charged for cleanup. Not picking up after your animals is a violation of your agreement and you could be asked to put your animal out to board.

COMMUNITY TEAM

IANUARY 2018

Jennifer South Community Manager

Letha Ringer Assistant Manager

Carlos Velosco David Sturmers - Trainee **Maintenance**

> Roberto Vasquez Landscaper

OFFICE HOURS Monday-Saturday 8am - 5pm

Office: (559) 299-5811 Fax: (559) 299-4959 After Hours Emergency: (559) 408-4072

UPCOMING DATES

January 1st New Year's Day Office Closed

January 15th Martin Luther King Jr. Day

> **January 28th** Grammy Awards

Det of the Quarter! Hello Friends, please meet Woodbridge's beloved Pet of the Quarter.



HI, MY NAME IS PUDDY.

I'm a Maine Coon, and I'm 5 years old. I spend hours sitting at the window watching all the pets walking by. My favorites are the squirrels and birds. I can jump 4 feet high when I'm playing with my feather toy! I love eating canned food and enjoy sitting on laps.





facebook.com/woodbridgeaptsincloviscalifornia

Recipe of THE Month



HOPPIN' JOHN SOUP

1/2 teaspoon allspice

4 garlic cloves, minced

1/2 teaspoon crushed red

2 pounds collard greens,

cut in 1-inch ribbons (about

1 bunch scallions, cleaned

and chopped, for garnish

pepper

(saus 8

2 tablespoons vegetable oil

INGREDIENTS:

- 2 pounds black-eyed peas, soaked overnight if possible
- 2 pounds smoked ham hock, meaty ham bone or slab bacon
- 2 teaspoons kosher salt
- 1 large onion, peeled and stuck with 2 cloves
- 1 bay leaf
- 1/2 teaspoon black pepper
- DIRECTIONS:
- Drain peas and put them in a large Dutch oven or heavybottomed soup pot. Add ham hock or bone (if using slab bacon, cut it into 2-inch chunks), cover with 10 cups water and turn heat to high. Add salt, onion stuck with cloves, bay leaf, black pepper and allspice.
- 2. Bring to a boil, then reduce heat to a gentle simmer. Skim off and discard any foam that rises to the surface. Simmer for 1 1/2 to 2 hours, until peas are tender. Throughout cooking, add water as necessary, always keeping liquid level 1 inch above surface, stirring with wooden spoon occasionally. Turn off heat. Check broth for salt and adjust seasoning. Mixture should be fairly brothy. With a pair of tongs, remove ham hock, ham bone or bacon. Chop meat and skin in rough pieces and set aside.
- 3. Put a large wide skillet over medium-high heat. Add vegetable oil and heat until wavy. Add garlic and red pepper and let sizzle without browning. Add collard greens and stir to coat. Season with salt and add 1 cup water, stirring to help wilt greens. Add chopped ham and reduce heat to medium, then cover with lid slightly ajar and cook until greens are soft, about 20 minutes. Check seasoning.
- 4. To serve, put greens and meat in low soup bowls, then ladle over hot black-eyed peas. Sprinkle with scallions.

Photo and recipe from cooking.nytimes.com



Foods That Will Bring You Good Luck in the New Year

Hoppin' John Soup is one of the traditional southern foods to eat during the New Years. It's thought to bring you good luck. Here's a list of lucky foods to eat during January.

- Grapes: Eat twelve grapes, one for each chime of a clock.
- **Round Fruits:** Round fruits such as oranges and pomegranates are believed to also symbolize coins and bring a prosperous New Year.
- **Beans:** Eating beans on New Years is considered good luck. The theory is that because they swell as you cook them, that beans symbolize prosperity.
- **Greens:** Greens are said to "Show you the money!" Cooked collard, spinach, cabbage and kale are all said to represent paper money.
- **Pork:** If you eat meat, pick pork over chicken or beef on New Year day, because pigs dig with their snout, representing forward movement or progress, while chickens and turkeys scratch backward, and cows stand still (we all want to move forward, not backwards or stay in the same place in the New Year!) If you are the cook in the house, considering putting pork or ham in your black eyed peas or lentils for added flavor.
- **Fish:** Fish is a good choice as well since most swim forward, and the scales are believed to symbolize silver. Another theory is that since many fish swim in schools and lay lots of eggs at one time, it is a sign of abundance.
- **Noodles:** Eat noodles for longevity.
- **Grains:** Rice, quinoa, risotto, barley and other starches symbolize abundance since they swell when cooked.
- **Sweets:** St. Basil's bread. Known as vasilopita in Greece, St. Basil's bread plays an important role in Greek New Year's traditions.
- **Round Foods:** These foods represent the year coming "full circle." Donuts, cookies, cakes, pancakes, bagels, quiche, quesadillas and pizzas that are in the shape of a "ring" are said to symbolize the year coming full circle.
- **Corn bread:** Said to symbolize gold, cornbread is a popular New Years southern tradition. To ensure extra luck, some people add extra corn kernels, which are emblematic of golden nuggets.
 - **Champagne:** Toast with champagne or prosecco. In some cultures they suggest you take 3 short hops without spilling your drink and then pour throw the champagne behind you to put all the bad stuff in the past. If your champagne lands on someone else no problem as that

is supposed to mean good lucky.

Go to blog.atlastravelweb.com/travel-news/customs-for-goodluck-in-the-new-year/ for more information on traditions.

CAUTION UNDER CONSTRUCTION

We are getting ready to start our 2nd phase of stuccoing. The project is coming along. Many of you have already received your new dual pane slider door and screen. We are aware that there will be a gap in the tile in front of the door and the wall around the trim will need to be repaired. We will be getting that scheduled as soon as possible. We do understand your frustrations with the ongoing construction and do apologize. The end result will be worth the wait.



Goodbye 2017, Hello 2018!

2018 is a Year of the Dog. In Chinese astrology, each year is related to a Chinese according to the 12-year cycle 2018 is an

zodiac animal according to the 12-year cycle. 2018 is an Earth Dog Year.

Years of the Dog include 1934, 1946, 1958, 1970, 1982, 1994, 2006, 2018, and 2030... The Dog occupies the eleventh position in the Chinese zodiac, after the Rooster, and before the Pig.

For more information about fortune, career, health and love go to www.chinahighlights.com/travelguide/chinese-zodiac/dog.htm





NEW YEAR'S EVE TIME CAPSULE

It is fun to be working together to put together a family time capsule to remember the memories and things that we don't want to forget in the coming years.

Our capsule isn't fancy, we start with decorating an old shoe box. The kids can choose from paint, stickers, and glitter glue – whatever their hearts desire for time capsule decoration! Once the box is as beautiful as it can be, we'll start working on the contents.

What is really fun about a family time capsule is that we get to open it up again in one year. Next New Year's Eve we'll open our time capsule and relive all the wonderful memories and see how our predictions came out.

IDEAS:

- Pictures of each family member
- A list of accomplishments and successes
- Current height and weight
- Favorite things. This list could get really long. Think of favorites such as food, sport, color, school class, song, movie, ice cream flavor, book, TV show, birthday present, best friend, etc.
- Most wonderful memory from this holiday season
- A small momento such as a small toy or other cherished keepsake
- Predictions for the coming year such as how much taller children thing they will grow or for adults, which two teams will make it to the Big Game!



More Activities from web.kidsactivitiesblog.com



Community Calendar January						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day Office Closed	2	3	4	5	6 Events: Year Round Farmers Market
7	8	9	10	11	12	13 Events: MLK Community Breakfast Year Round Farmers Market
14	15 Martin Luther King Jr. Day	16	17	18	19	20 Events: Year Round Farmers Market
21	22	23	24	25	26	27 Events: Year Round Farmers Market
28	29	30	31			

Notes:

National Blood Donor Month