



*Spring is here!*

## Announcements

### POO PRINTS PROGRAM

Thank you all dog owners for bringing your dogs in. All of our resident dogs have been Poo Printed and now we will begin sweeping the property daily. So please remember to pick up after your animal as you do not want to incur the fines.

### BASKETBALL/TENNIS COURT

The basketball/tennis court is for tenant use only. No animals are allowed in the court at any time. If the gate is locked please do not enter as there are reasons for it being locked.

### PATIO CLEANING

Spring is here and it is time to clean up your patio areas. Remember if you have any debris to bag it up before you put it in the dumpster.

### TREE TRIMMING & CONSTRUCTION

Thank you all for your continued patience through making the transition with us. We are still in the process of doing work. Please remember to leave your patio gates unlocked during business hours as our vendors still need access to complete the work.

## COMMUNITY TEAM

Jennifer South  
Community Manager

Letha Ringer  
Assistant Manager

Andrey Kormakov  
Carlos Velasco  
Maintenance

Roberto Vasquez  
Landscaper

**OFFICE HOURS**  
Monday-Saturday  
8am - 5pm

**Office:** (559) 299-5811  
**Fax:** (559) 299-4959  
**After Hours Emergency:**  
(559) 408-4072

## UPCOMING DATES

**April 1st**  
Easter Sunday

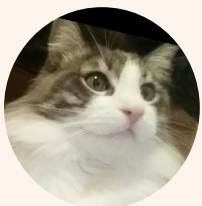
**April 17th**  
Tax Day

**April 22nd**  
Earth Day



## *Pet of the Quarter!*

Hello Friends, please meet Woodbridge's beloved pet of the quarter.



### HI, MY NAME IS PUDDY.

I'm a Maine Coon, and I'm 5 years old. I spend hours sitting at the window watching all the pets walking by. My favorites are the squirrels and birds. I can jump 4 feet high when I'm playing with my feather toy! I love eating canned food and enjoy sitting on laps.



facebook.com/woodbridgeaptsincloviscalifornia

## Recipe OF THE Month



### LEMON PRIMAVERA BOWTIES

#### INGREDIENTS:

- kosher salt
- 1 lb. bow-tie pasta
- 2 c. peas
- extra-virgin olive oil
- 2 cloves garlic, minced
- 1/2 c. chopped onions
- 1 small red bell pepper, seeded and cut into strips
- 1 small yellow zucchini, sliced into thin rounds
- Freshly ground black pepper
- 1/2 c. heavy cream
- 3 lemons
- 1 c. cherry tomatoes, halved
- 1/2 c. Pecorino Romano cheese, plus more for serving
- 1/2 c. chopped parsley

#### DIRECTIONS:

1. Bring an 8-quart stock pot of water to a boil and generously season with salt. Cook pasta according to package instructions until al dente. Meanwhile, set up bowl of cold water with ice cubes. Drain pasta, then cook peas in pasta water for 2 minutes. Drain peas and rinse under cold water; transfer to ice bath.
2. In a large sauté pan over medium-low heat add a drizzle of olive oil and cook garlic and onions until softened, 2 minutes. Stir in bell pepper and zucchini; season with salt and pepper. Cook for 3 to 4 minutes. Add cream, 1 teaspoon lemon zest, 1/2 cup lemon juice, and 1 lemon, thinly sliced; bring to a boil and reduce to low heat. Fold in pasta, drained peas, tomatoes, cheese and parsley.
3. Transfer to a large serving platter and garnish with extra cheese and pepper.

Photos and recipes from [www.delish.com](http://www.delish.com)



## Love Your Community, Tell Us About It

We are always listening to what our community members have to say. Let's make our apartment community the ideal place to live, we ask that you review us so we can see what we are doing right, and what we can improve on. If you can, take a moment to, review us on Yelp or Google, or [apartments.com](http://apartments.com). We do our best to make this community as great as possible, but we need your help to know what you like and what we can do better.

## A Floor-to-Ceiling Guide to Spring Cleaning

- Dust shelves, blinds, vents, moldings, light fixtures. Anything that collects dust and you usually ignore.
- Wash your windows. Clean window treatments (Including your shower curtain).
- Flip your mattress. It's something you should do every season. You'll get more use out of it and you'll sleep better.
- Change your winter bedding to spring, even if it just means storing woolier blankets away.
- Change your clothes from warm to cool and pack away your seasonal clothes. You'll see these unexpected benefits.
- Donate unwanted clothes.
- Vacuum and shampoo carpets and shake rugs/cushions outside. Wax wood floors too.
- Check your smoke detector batteries. Replace your HVAC air filters too.
- Clean out your medicine cabinet and makeup bag.
- Organize your paperwork.
- Clean your computer and TV.
- Clean your deck and furniture (even your indoor/outdoor trash bins).

Information from [www.apartmenttherapy.com](http://www.apartmenttherapy.com)

## 15 Most Powerful Spring Superfoods

Foods in season are at the peak of their nutritional value—which is why spring is the perfect time to stock on produce.

**Artichokes** Just one artichoke provides about 25 percent of your daily fiber needs alongside plenty of potassium, magnesium, and vitamin C.

**Asparagus** The popular spring veggie has just 20 calories per cup, but over half of your daily needs for folate and nearly double your daily needs of vitamin K.

**Spring onions** Spring onions are also high in sulphuric compounds that research suggests can reduce the incidence of chronic disease.

**Sweet peas** A cup of peas has 7 grams of fiber and 8 grams of filling protein, with about 100 percent of your daily needs for vitamin C and 25 percent of your vitamin A requirements.

**Rhubarb** Rhubarb is in season from April through June, when the veggie is loaded with vitamin A, vitamin K, and B vitamins.

**Fennel** Fennel is also a good source of anethole, an essential oil that has antioxidant and antimicrobial properties.

**Fava beans** One cup of fava beans has 9 grams of fiber and 10 grams of protein, making them great for building muscle and refueling after a workout while helping to lower levels of LDL cholesterol.

Want more? Go to [www.rd.com](http://www.rd.com)

## CLOVIS APARTMENT GROUP



GO TEAM!



## Kids Corner



### PAPER PLATE CRAFT

#### MATERIALS:

- 2 paper plates
- Wool and needle
- Paper punch
- Craft paper - two circles of red paper
- Black marker
- Glue

#### DIRECTIONS

1. Cut one of the paper plates, approx two thirds-one third.
2. Align the full paper plate with the cut plate and punch holes through both plates.
3. Blanket stitch with wool through the holes to secure both plates together.
4. Glue on the two red 'cheeks', add the eye circles and smile line with a black Sharpie marker.
5. And all you need to do then is add a length of wool or twine to hang your new cute paper plate organiser, and fill with important pencils and stuff!



This fun activity is from  
[www.mollymooecrafts.com](http://www.mollymooecrafts.com)





# April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Happy Easter</i>	2	3	4	5	6	7 <b>Events:</b> Big Hat Days
8 <b>Events:</b> Big Hat Days	9	10	11	12	13	14 <b>Events:</b> Year Round Farmers Market Cars & Coffee
15 <b>Events:</b> Old Town Clovis Car Show	16	17 Tax Day	18	19	20	21 <b>Events:</b> Year Round Farmers Market
22 Earth Day	23	24	25	26 <b>Events:</b> Clovis Rodeo	27 <b>Events:</b> Clovis Rodeo	28 <b>Events:</b> Clovis Rodeo & Parade Year Round Farmers Market
29 <b>Events:</b> Clovis Rodeo	30					

Notes:

National Poetry Month  
National Autism Awareness